

# HARIS VASSILIOU



## GENERAL INFORMATION

|                       |  |
|-----------------------|--|
| Location of farm      | Greece, Region of Lakonia, near Sparta   |
| Name of the farmer    | Vassiliou Anargyros — Charalambos (Haris)  |
| Size of farm          | 4.8 Ha   |
| Permanent staff       | 1  |
| Main products of farm | Pomegranate, olive oil, wormwood, sage, mint, oregano, timber, figs, peaches, vanillas, gooseberries |



## CURRENT REGENERATIVE AGRICULTURE PRACTICES ON THE FARM

|                                       |  |
|---------------------------------------|--|
| Farmland cultivated with RA practices | 1.5 Ha   |
| Crops produced with RA practices      | Pomegranates, olive oil, wormwood, sage, mint, oregano |
| Duration of using RA practices        | 1 year   |

### *Description of RA practices used in the farm*

*The RA practices applied are:*

- *Pruning*
- *Using a wood shredder*
- *Green fertilisation*



- *Cutting down weeds*
- *Watering*

## STARTING AND MOTIVATION BEHIND REGENERATIVE AGRICULTURE

|   |   |
|---|---|
| Main motivation                           | I was looking for a different way to produce more environmentally friendly products, and at the same time more interesting than simply using fertilisers.   |
| Learning the RA farming practices         | By reading, observing, speaking with the right people and following good practices that I already knew as an agronomist.  |
| Did the farmer receive training?          | <b>From the Southern Lights organisation and its partners in the framework of the Regenerative Farming Greece project (<a href="http://regenerativefarminggreece.org/">http://regenerativefarminggreece.org/</a>)</b> |
| Did the farmer receive financial support? | <b>Several institutions from the EU financed the purchase of the trees.</b>   |



## RESULTS OF REGENERATIVE AGRICULTURE

### Benefits of using RA practices

*Knowledge and experience in a different way of cultivation, sustainability. I imagine the farm looking like a forest, with tall trees, productive trees, each season having its own fruit or vegetable, being able to look around and pick up something to eat on the spot.*

### Obstacles of using RA practices

*The farm design adopting RA was implemented just a year ago so I haven't faced any obstacle so far. If you are a farmer and put work in it, then whatever the difficulty, there is always a solution.*



Is the farmer happy overall with RA?

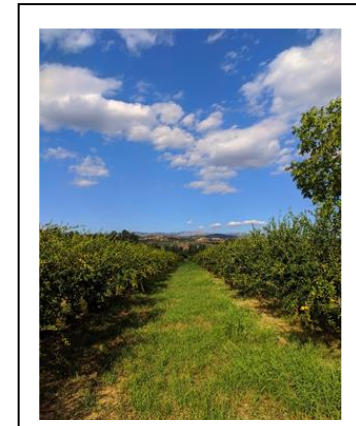
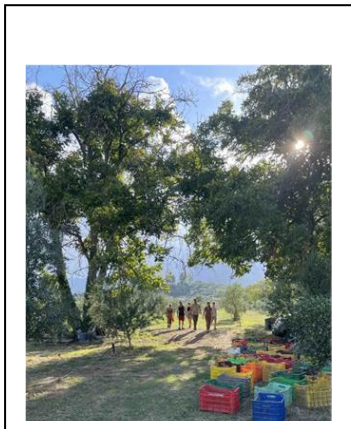
I don't have any results yet. If there is a difference, it will be recorded in three years. I think I have learned a lot about this way of cultivating in the last year I've been working on this, surely there's a lot more I don't know because this field of RA is huge. I hope through the cooperation we have with the MAICH (Mediterranean Agronomic Institute of Chania) in Crete, that takes samples for examination and monitoring every year, to come out with a good result.

Does the farmer intend to continue RA?

Yes

Does the farmer intend to introduce changes in RA methods or crops?

I will try to bring it to my standards, that is, as it suits me to cultivate.



#### Regenerative agriculture.

An innovative approach towards mitigation of climate change through multi-tier learning.

